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## GLAMOUR ON THE GO

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**W**HAT'S IN your handbag says a lot about you. Those with small, ordered bags are conscientious and emotionally stable. I thought I was both, but according to a recent *indulge* article, I'm neurotic. Another way of looking at it is that I am creative yet prepared. My bag is a bottomless pit full of essential items that I can never find when I need them, including a Swiss Army knife, painkillers, comb, shoe shine and loads of lipsticks. I couldn't possibly leave the house without any of them.

But if you want to downsize or declutter, here are my picks for handbag must-haves:

Elizabeth Arden Eight Hour Cream (\$40) has been an essential in my bag for the past 10 years. The ultimate beauty product, it can be used as a moisturiser, lip balm, cuticle cream or brow shaper.

Nutrimetics Ultra Care+Dark Circle Eraser (\$35) is perfect for an afternoon pick-me-up. Its special blend of peptides and caffeine lightens dark circles and reduces puffiness faster than it takes to get a

good night's sleep. [www.nutrimetics.co.nz](http://www.nutrimetics.co.nz)

Everyone needs a good lip balm in their handbag. Weleda Everon Lip Balm (\$11.90) protects the lips and soothes after exposure to sun and wind. And natural waxes give SPF4 without the use of synthetic UV filters. [www.weleda.co.nz](http://www.weleda.co.nz)

Keep your scent fresh through the day with this cute Peace, Love & Juicy Couture eau de parfum, which blends notes of lemon blossom, hyacinth, apple, blackcurrant, jasmine, magnolia and patchouli.

Hide blemishes while healing the skin with Dr. Hauschka Pure Care Cover Stick (\$39). Suitable for all skin types. [www.drhauschka.co.nz](http://www.drhauschka.co.nz)

L'Oreal Professionnel Texture Expert Sparkling Mist (\$38) comes in a handbag-friendly size and delivers flexible hold, volume and shine.

